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6 **Hepatic Concentrations of Inorganic Contaminants and their Relationships**  
7 **with Nutrient Reserves in Autumn-migrant Common Loons at Lake Erie**

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31 **Abstract**

32 Common loons (*Gavia immer*) are piscivorous, high trophic level feeders that bioaccumulate  
33 inorganic contaminants at concentrations that can negatively impact their health and  
34 reproduction. Concentrations of inorganic contaminants, especially Hg, in blood, organs and  
35 muscle have been quantified in common loons on breeding grounds, but these data are limited  
36 for migrating loons. We investigated sex and age related hepatic concentrations of inorganic  
37 contaminants in common loons ( $n = 53$ ) that died of botulism and were salvaged at a Great Lakes  
38 staging area (i.e., Long Point, Lake Erie) during November 2005. We also investigated if hepatic  
39 concentrations of inorganic contaminants influenced lipid, protein, and mineral in our sample of  
40 migrant common loons. Lastly, we determined if there was correlation between Hg and Se.  
41 Consistent with data from breeding grounds, mean concentrations of Hg in livers were  
42 approximately 2.5 times greater in adults [ $\bar{x} = 14.64 \pm 16.69 \mu\text{g g}^{-1}$ ] compared to  
43 juveniles [ $\bar{x} = 3.99 \pm 2.27 \mu\text{g g}^{-1}$ ]. Elements detected in livers at levels potentially harmful  
44 were Hg and Se, of which lipid reserves varied negatively with Hg concentrations, but positively  
45 with Se concentrations. In addition, Hg and Se were correlated ( $r = 0.65$ ) above a demethylation  
46 threshold (total Hg  $\geq 8.5 \mu\text{g g}^{-1}$  dw) but not below. Concentrations of inorganic contaminants did  
47 not influence protein and mineral levels in our sample of common loons. Our results suggest  
48 that Hg accumulation negatively affects lipid levels in migrant common loons. Results are also  
49 consistent with a nontoxic Hg-Se protein complex protecting loons migrating through areas that  
50 are relatively Se rich. Although the acquisition of Se during the non-breeding season may reduce  
51 the toxicity of Hg, future research should consider the synergistic Hg-Se effect on reproduction  
52 in common loons that migrate through Se rich locales such as the Great Lakes.

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54 Inorganic contaminants continue to enter the Great Lakes through non-point sources and  
55 atmospheric deposition and are found in wildlife of the region at measurable and sometimes  
56 deleterious concentrations (Custer and Custer 2000; Evers et al. 2005; Petrie et al. 2007; Hogan  
57 et al. 2007; Ware 2011). Common loons (*Gavia immer*) are an aquatic, piscivorous, high trophic  
58 level feeder and, thus could be acquiring potentially harmful concentrations of contaminants  
59 either prior to arrival or during autumn staging on the Great Lakes (Krammar et al. 2004).  
60 Inorganic contaminants, such as Hg, can negatively impact health, survival, reproduction and  
61 behavior in common loons (Evers et al. 2008). Mercury bioaccumulates in animals as they age  
62 (Evers et al. 1998) and many of its effects on common loons have been determined (see Evers et  
63 al. 2005, 2008). For example, concentrations of Hg in adult common loons and their eggs are  
64 often great enough to cause substantial reproductive impairment and can result in population-  
65 level impacts in high Hg concentration areas (Scheuhammer et al. 2001; Burgess et al. 2005,  
66 2006; Evers et al. 2008). At the Great Lakes, Hg remains available to organisms despite  
67 increased awareness of health issues from contamination (Hogan et al. 2007). Although Lake  
68 Erie and the other Great Lakes have elevated concentrations of Hg and numerous other inorganic  
69 contaminants (Al-Asam et al. 1998; Sweet et al. 1998; Hogan et al. 2007) and are an important  
70 migratory corridor for common loons (Kenow et al. 2002), no studies have examined hepatic  
71 concentrations of Hg and other inorganic contaminants in these birds within this region.

72 At the Great Lakes, Se in livers of waterbirds is commonly recorded at concentrations  
73 considered elevated [ $> 10 \mu\text{g g}^{-1} \text{ dw}$  (Heinz et al. 1989; Heinz 1996)] or potentially harmful [ $>$   
74  $33 \mu\text{g g}^{-1} \text{ dw}$  (Heinz et al. 1989; Heinz 1996; Custer and Custer 2000; Petrie et al. 2007;  
75 Schummer et al. 2010, 2011)]. However, Se also can reduce the toxicity of methylmercury

76 (MeHg) through demethylation, whereby a nontoxic Hg-Se protein complex can be formed in the  
77 liver and kidneys (Stoewsand et al. 1974; Heinz and Hoffman 1998; Eagles-Smith et al. 2009).  
78 In a sample of healthy (Hg  $\bar{x} \approx 40 \mu\text{g g}^{-1}$  dw) and emaciated (Hg  $\bar{x} \approx 100 \mu\text{g g}^{-1}$  dw) loons from  
79 Ontario, Quebec, and Atlantic Canada, hepatic Hg and Se concentrations were strongly  
80 correlated ( $r = 0.90$ ; Schuehammer et al. 1998), suggesting the existence of Hg-Se interactions.  
81 Further, an assessment of MeHg in livers of four waterbird species identified a threshold for  
82 initiation of demethylation when total Hg was  $\geq 8.5 \mu\text{g g}^{-1}$  dw, whereby Se and Hg were  
83 positively correlated above the demethylation threshold but not below (Eagles-Smith et al. 2009).  
84 Because Se is known to accumulate in Great Lakes organisms and Se can reduce the toxicity of  
85 MeHg, common loons may be protected from negative effects of Hg (i.e., reduced body  
86 condition; Ohlendorf et al. 1991; Hoffman et al. 1998) during migration at this staging area.

87 Bird migration is fueled primarily by lipid reserves, most of which are acquired by  
88 feeding intensively at migrational staging areas (McWilliams et al. 2004). In waterbirds, lipid as  
89 well as protein and mineral may be negatively correlated with hepatic concentrations of various  
90 inorganic contaminants (Ohlendorf et al. 1991; Hoffman et al. 1998; Takekawa et al. 2002;  
91 Anteau et al. 2007). Thus, the ability for common loons to store the required nutrient reserves  
92 for migration may be reduced if they acquire elevated concentrations of inorganic contaminants  
93 prior to or while staging at the Great Lakes.

94 There were several primary objectives for this study. First, we wanted to determine if  
95 any age or sex classes of common loons were acquiring potentially unhealthy burdens of  
96 inorganic contaminants during autumn migration at Long Point, Lake Erie. Second, we  
97 investigated possible influences of hepatic inorganic contaminants and nutrient reserve (i.e.,  
98 lipid, protein, and mineral) levels in common loons. Third, we sought to determine if there was

99 correlation between Hg and Se in autumn-migrant common loons at Lake Erie. We further  
100 compared hepatic inorganic contaminant concentrations of common loons in our sample to: 1)  
101 biological threshold concentrations of inorganic contaminant known to cause reproductive  
102 impairment and other health related issues in common loons and other birds (e.g., Heinz et al.  
103 1990), and (2) hepatic concentrations in other waterbirds collected at the Great Lakes and  
104 elsewhere. These comparisons will show whether common loons on the Great Lakes have  
105 elevated concentrations of inorganic contaminants plus how hepatic concentrations may affect  
106 nutrient reserves in common loons that stage during autumn at the Great Lakes.

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## 108 **Materials and Methods**

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### 110 **Field Collections and Liver Samples**

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112 Dead loons ( $n = 247$ ) were collected along the shores of Long Point ( $42^{\circ} 34'N$ ,  $80^{\circ} 20'W$ )  
113 throughout autumn 2005 by Canadian Wildlife Service and Long Point Waterfowl staff during a  
114 suspected Type E Botulism event at Lake Erie. A random sample of 15 of the 247 loons was  
115 sent to the University of Guelph, School of Veterinary Medicine where Type E botulism was  
116 confirmed as the cause of mortality. Type E botulism kills birds quickly resulting in carcasses  
117 suitable for contaminant and condition analysis (Brand et al. 1983, 1988). Remaining loons ( $n =$   
118 232) were transported to the Avian Energetics Lab (AEL) at Long Point Waterfowl, Port Rowan,  
119 Ontario where they were frozen.

120 At the AEL, loons were thawed at  $3-5^{\circ} C$ , plucked, measured, and dissected. Sex was  
121 determined for each bird by examination of reproductive organs and age by the presence or

122 absence of a bursa of fabricius. Loons with visible decay, post-mortem predation (e.g., foraged  
123 on by gulls), or other damage (e.g., broken wings) were excluded from our sample. We used 53  
124 loons from 3 and 9 November 2005 for analyses attempting to distribute samples among sex and  
125 age classes. However, only 11 juvenile females and 6 juvenile males met our selection criteria.  
126 We then included an additional 36 randomly selected adult loons to obtain 53 total loons for  
127 analyses (adult female  $n = 18$ , adult male  $n = 18$ ). Structural measurements taken on each loon  
128 were body length from the tip of the bill to the base of the middle retriix, wing chord, total tarsus,  
129 keel length, head length, head width, and culmen length (Dzubin and Cooch 1992). A 10-20 g  
130 section of liver was excised, wrapped in hexane rinsed foil, frozen and shipped to Environmental  
131 Analytical Laboratories at Laurentian University, Sudbury, Ontario for analysis.

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133 Proximate analyses

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135 Feet, bill, tongue, ingesta, and feathers were removed, and the remaining carcass was subjected  
136 to proximate analyses at the AEL. Carcasses were homogenized in a Hobart meat grinder and  
137 dried to a constant weight at 80 ° C (Kerr et al. 1982). Proximate analyses of carcass homogenate  
138 were conducted as described by Afton and Ankney (1991). Analyses included: 1) extracting  
139 lipids from a 10 g subsample of ground homogenate using petroleum ether as a solvent (Dobush  
140 et al. 1985) in a modified Soxhlet apparatus, 2) multiplying the dry weight of the carcass by the  
141 proportion of lipid that the 10 g subsample contained to determine carcass fat dry weight, and 3)  
142 ashing lean dry samples of carcass homogenate in a muffle furnace at 550 ° C for 12 h. Thus,  
143 ash free lean dry weight (i.e., protein) was calculated by subtracting carcass ash dry weight (i.e.,  
144 mineral) from carcass lean dry weight.

145  
146 Contaminant analyses  
147  
148 Frozen liver tissues were processed in the Environmental Analytical Laboratories at Laurentian  
149 University (Belzile et al. 2006). Liver samples were first freeze dried at -20 °C and manually  
150 ground to fine powder. Samples were stored at -14 °C before digestion. A 0.2 g of prepared liver  
151 sample was microwave digested (Milestone Ethos 1600 URM, HPR 1000/10, Bergamo, Italy)  
152 with a mixed chemical reagent containing 2.0 mL 30% (w/w) H<sub>2</sub>O<sub>2</sub> and 8.0 mL 15.0 M HNO<sub>3</sub>  
153 Digestion included a two-step preheating process from room temperature to 210 °C, sample  
154 mineralization at 210 °C for 10 min, and venting to cool samples. Determination of total Se and  
155 Hg were made by Hydride Generation - Atomic Fluorescence Spectrometry (HG – AFS; PSA  
156 Millennium Excalibur 10.055, Orpington, Kent, UK ) and Cold Vapour – Atomic Fluorescence  
157 Spectrometry (Tekran, Model 2600 CVAFS mercury analyzer system, Knoxville, Tennessee,  
158 USA), respectively. Instrument and method detection limits for Se was 5 ng L<sup>-1</sup> and 0.1 µg g<sup>-1</sup>  
159 dry weight, respectively; and 0.05 ng L<sup>-1</sup> and 0.5 ng g<sup>-1</sup> for Hg, respectively (dry weight). An  
160 ICP-MS (Inductively Coupled Plasma – Mass Spectrometry, Perkin Elmer Elan 5000, Waltham,  
161 Massachusetts, USA ) was used to determine concentrations of other elements, including Al  
162 (aluminum), As (arsenic), Ca (calcium), Cd (cadmium) Co (cobalt), Cr (chromium), Cu (copper),  
163 Fe (iron), K (potassium), Mg (magnesium), Mn (manganese), Na (sodium), Ni (nickel), Pb  
164 (lead), V (vanadium) and Zn (zinc). Quality control was performed with DOLT-2 (dogfish liver)  
165 certified by National Research Council of Canada. One DOLT-2 sample and one reagent blank  
166 were carried in parallel with every 8 samples digested. All analytical results of DOLT-2 samples

167 for the measured elements were within the certified variation range. Throughout we present  
168 results as  $\mu\text{g g}^{-1}$  dry weight. For comparisons with the wet weight based values, the conversion  
169 can be made by multiplying the given results by a factor of 0.3, as water content in liver samples  
170 is around 70%. For inter-tissue comparison of Hg, the concentration ratios for  
171 egg: blood: muscle: feather: liver 0.4:1:2:6:15 has been suggested by Evers et al. (2008).

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### 173 Statistical analyses

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175 We first inspected values in data matrices of analytes to determine elements with non-detection  
176 values (ND). Data used for statistical analyses included those elements with > 50% analyte  
177 values above detection limits. For analytes with > 50% detection rates we replaced ND values  
178 with one-half the method detection limit. We ln-transformed inorganic contaminant, lipid, and  
179 protein data to meet model assumptions and homogeneity of variances. Data transformation of  
180 Pb did not result in homogeneity of variances for this element. However, analyses produced  
181 similar results with and without ln-transformed Pb included in models. Thus, we ln-transformed  
182 data for all elements included in analyses. Throughout, we report geometric means (back-  
183 transformed), and parameter estimates (ln-transformed) and 90% confidence intervals are  
184 reported. We determined elements to include in multiple analysis of variance (MANOVA) using  
185 two steps. First, we included non-essential trace elements in analyses with known toxicity in  
186 birds [i.e., Al, Cd, Cr, Hg, and Pb (see Results for exclusion of As)] (Scheuhammer 1987;  
187 Furness 1996; Heinz 1996; Thompson 1996; Eisler 2000a, b). Second, we considered essential  
188 elements if initial inspection of laboratory results suggested they were above normal  
189 concentrations. Initial inspections of our laboratory results confirmed that with the exception of

190 Se, all concentrations of essential elements were well within background levels (Eisler 2000a, b).  
191 Therefore, 6 elements were subjected to MANOVA (Al, Cd, Cr, Hg, Pb, and Se).

192 *Effects of sex and age on concentrations of inorganic contaminants*

193

194 The model we initially specified included main effects of age, sex and their interaction (PROC  
195 GLM, SAS Institute 2009). We also included Julian date to control for potential temporal  
196 variation in element concentrations. Type 3 sums of squares were evaluated and the initial  
197 model was reduced using backward elimination of interactions and appropriate main effects ( $\alpha =$   
198 0.10). Post-hoc Tukey-Kramer tests were used to evaluate differences in mean concentrations of  
199 elements between class variables (e.g., sex, age).

200

201 *Effects of inorganic contaminants on nutrient reserves*

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203 We conducted a principal components analysis of the correlation matrix on morphometrics  
204 (PROC PRINCOMP, SAS Institute 2009). We included the first principal component (PC1) to  
205 index body size when modeling lipid, protein, and mineral (Afton and Ankney 1991). We used  
206 generalized linear models (PROC GLM, SAS Institute 2009) to investigate if lipid, protein or  
207 mineral reserves varied with hepatic concentration of Al, Cd, Cr, Hg, Pb, and Se. Sex, age, sex  $\times$   
208 age, PC1, and Julian date were initially included in models to control for possible variation due  
209 to these factors. Type 3 sums of squares were evaluated and the initial model was reduced using  
210 backward elimination of interactions and appropriate main effects ( $\alpha = 0.10$ ). For each  
211 significant element, we calculated and depicted type III partial relationships (i.e.,  $r^2$ ).

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215 *Hg-Se Correlations*

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217 We calculated Pearson correlation coefficients for all common loons and also for those with  
218 hepatic Hg concentrations greater than the demethylation threshold of  $8.5 \mu\text{g g}^{-1} \text{ dw}$  (*sensu*  
219 Eagles-Smith et al. 2009; PROC CORR, SAS Institute 2009). We considered results worthy of  
220 discussion at  $p < 0.10$  and  $r \geq 0.40$  (Zar 1996).

221

## 222 **Results**

223

224 Effects of sex and age on concentrations of inorganic contaminants

225

226 We recorded ND values for As (ND = 88.7%), Pb (32.1%), and V (86.8%) (Table 1). Remaining  
227 elements were detected at 100% frequency. The reduced MANOVA model describing variation  
228 in ln-transformed hepatic concentrations of elements included sex ( $\lambda = 0.74$ ,  $df = 42$ ,  $P = 0.03$ )  
229 and age ( $\lambda = 0.74$ ,  $df = 42$ ,  $P = 0.03$ ) effects. We found no influence of sex or age on variation in  
230 Al, Cr, or Pb ( $P > 0.10$ ), whereas Cd differed by sex ( $P = 0.01$ ), Hg by age ( $P < 0.01$ ), and Se by  
231 sex ( $P < 0.01$ ) and age ( $P = 0.08$ ; Table 1). Specifically, the mean concentration of Cd was  
232 greater in females [ $\bar{x} = 2.45 \pm 5.42$  (SD)  $\mu\text{g g}^{-1}$ ] than males [ $\bar{x} = 1.04 \pm 0.54 \mu\text{g g}^{-1}$ ]. Hepatic  
233 concentrations of Se were greater in females [ $\bar{x} = 23.64 \pm 7.56 \mu\text{g g}^{-1}$ ] than males [ $\bar{x} = 17.52 \pm$   
234  $8.13 \mu\text{g g}^{-1}$ ] and greater in juveniles [ $\bar{x} = 24.24 \pm 8.74 \mu\text{g g}^{-1}$ ] than adults [ $\bar{x} = 19.28 \pm$

235 7.71  $\mu\text{g g}^{-1}$ ]. Mean concentration of Hg was approximately 246% greater in adults [ $\bar{x}$  =  
236 14.64  $\pm$  16.69  $\mu\text{g g}^{-1}$ ] than juveniles [ $\bar{x}$  = 3.99  $\pm$  2.27  $\mu\text{g g}^{-1}$ ].

237

238 Effects of inorganic contaminants on nutrient reserves

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240 Principal component 1 accounted for 61% of the observed variation in morphometrics with  
241 eigenvectors ranging from +0.07 to +0.69. No inorganic contaminants were retained in reduced  
242 models for protein or mineral reserves ( $P > 0.10$ ) after controlling for body size, but lipids varied  
243 negatively with hepatic concentrations of Hg and positively with Se (Table 2, Figure 1).

244

245 Hg-Se Correlations

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247 We detected correlation between Hg and Se ( $P < 0.01$ ,  $r = 0.65$ ) when loons with hepatic Hg  
248 concentrations  $> 8.5 \mu\text{g g}^{-1}$  dw were included in our analysis ( $n = 18$ ), but not when all 53 loons  
249 were used ( $P = 0.12$ ).

250

## 251 **Discussion**

252

253 Concentrations of inorganic contaminants in common loons

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255 Animals foraging at higher trophic levels that use polluted environments are generally more at  
256 risk of acquiring unhealthy concentrations of inorganic contaminants (Brown et al 1977; Eisler

257 2000a). In our sample of autumn-migrant common loons from Long Point, Lake Erie, hepatic  
258 concentrations of Al, Cd, Cr, and Pb were generally not great enough to be of concern (Franson  
259 1996; Eisler 2000a), but Hg and Se occurred at potentially harmful concentrations (Heinz 1996;  
260 Thompson 1996; Eisler 2000a, b). Despite that common loons are susceptible to Pb poisoning  
261 through ingestion of fishing tackle (Thomas and Guitart 2003), we did not detect Pb in livers of  
262 32.1% of loons sampled and hepatic concentrations for Pb were within the range commonly  
263 found in healthy birds (e.g.,  $< 7 \mu\text{g g}^{-1} \text{ dw}$ ; Pokras and Chafel 1992; Eisler 2000a). In addition,  
264 no Pb artifacts were found during inspections of gizzard contents ( $n = 232$ ; *sensu* Daury et al.  
265 1994; Bowen and Petrie 2007) in the sample of loons from Lake Erie (Long Point Waterfowl,  
266 *unpublished data*). Because common loons in our sample were salvaged at Lake Erie during  
267 autumn migration, we cannot be certain where inorganic contaminants in livers were acquired.  
268 Nonetheless, our sample of loons is novel, and we compare hepatic concentrations to known  
269 toxic thresholds and concentrations found in loons and other representative waterbirds.

270 We detected hepatic Hg and Se at concentrations known to cause health and reproductive  
271 problems in birds (Heinz et al. 1989; Zillioux et al. 1993; Heinz 1996). Hepatic concentrations  
272 of Hg as low as  $3 - 7 \mu\text{g g}^{-1} \text{ dw}$  have been shown to cause behavioral change in birds, whereas  
273 brain lesions and embryo mortality may occur at  $\geq 37 \mu\text{g g}^{-1} \text{ dw}$  (Zillioux et al. 1993). In  
274 common loons breeding in northwestern Ontario, reduced hatchability and nest success were  
275 detected when adult liver concentrations of Hg were  $> 10$  and  $> 99 \mu\text{g g}^{-1} \text{ dw}$ , respectively (Barr  
276 1986). In mallards (*Anas platyrhynchos*), health related complications were recorded when  
277 hepatic concentrations of Se exceeded  $10 \mu\text{g g}^{-1} \text{ dw}$  and reproductive effects occurred at  $> 33 \mu\text{g}$   
278  $\text{g}^{-1} \text{ dw}$  (Heinz et al. 1989; Heinz 1996). Hepatic concentrations of Hg measured in loons in our  
279 study (adult  $\bar{x} = 14.6 \mu\text{g g}^{-1} \text{ dw}$ , juvenile  $\bar{x} = 4.0 \mu\text{g g}^{-1} \text{ dw}$ ) were substantially less than those

280 previously recorded for loons on breeding grounds throughout northeastern North America [adult  
281  $\bar{x} = 102 \mu\text{g g}^{-1} \text{ dw}$  ( $n = 770$ ), juvenile  $\bar{x} = 13.5 \mu\text{g g}^{-1} \text{ dw}$  ( $n = 452$ ); Evers et al. 2005].  
282 Although Hg hotspots exist in western and central areas of North America, sampling indicates a  
283 gradient from west to east with northeastern North America exhibiting greater availability of Hg  
284 (Evers et al. 1998, 2005; Scheuhammer et al. 2001). Evidence suggests that loons staging at  
285 Lake Erie may come from Minnesota, Wisconsin, Manitoba, and central and western Ontario  
286 (Kenow et al. 2002; Evers et al. 2010). Relatively low Hg concentration in our sample of loons  
287 may suggest that they originated from breeding areas where Hg is relatively less available when  
288 compared to loons originating from more northeastern locales of North America. We suggest that  
289 future studies use stable isotope ratios to attempt to spatially discriminate among sources of Hg  
290 exposure in loons using the Great Lakes during migration (Scheuhammer and Templeton 1998).  
291 Alternatively, loons may depurate a portion of the Hg accumulated on breeding grounds via  
292 feather molt and excretion during post-breeding and migration (Lewis and Furness 1991; Evers  
293 et al. 2010) prior to arrival at Lake Erie. However, nearly 39% of adult female loons in our study  
294 still had Hg concentrations above the  $10 \mu\text{g g}^{-1} \text{ dw}$  threshold thought to reduce egg hatchability  
295 (Barr 1986).

296        Nearly all loons in our sample (94%) had Se concentrations greater than the  $10 \mu\text{g g}^{-1} \text{ dw}$   
297 health effect threshold established for mallards, whereas only one of the adult females exceeded  
298 the  $33 \mu\text{g g}^{-1} \text{ dw}$  reproduction threshold. Knowledge of species-specific thresholds for Se is  
299 limited, thus it is difficult to interpret potential effects of Se concentrations in loons (Skorupa  
300 1998). Omnivorous lesser scaup (*Aythya affinis*) fed dietary selenium in captivity for a 10-week  
301 simulated staging period had 100% survival and hepatic Se concentrations ranged from 57.1 to  
302  $103.6 \mu\text{g g}^{-1} \text{ dw}$  (Brady 2009). Higher trophic level foragers may be less susceptible to Se

303 related health effects relative to mallards (Skorupa 1998; DeVink et al 2008), but further field  
304 and captive studies relating Se concentrations to survival and condition in waterbirds are needed.  
305 Moreover, an antagonistic effect between Se and Hg on toxicity (Parizek and Ostadalova 1967)  
306 and Hg bioaccumulation (Belzile et al. 2009) has been systematically observed. A formation of  
307 innocuous compound of (Hg-Se)<sub>m</sub> has been proposed (Yoneda and Suzuki 1997; Yang et al.  
308 2011). Thus, Hg-Se antagonism may alleviate the individual elevated concentrations of Hg and  
309 Se measured in our sample of autumn-migrating common loons at Lake Erie (Ohlendorf et al.  
310 1991; Hoffman et al. 1998).

311

312 Sex and age-related differences in inorganic concentrations

313

314 Concentrations of Hg and Cd are known to bioaccumulate in animals with age (Eisler 2000a;  
315 Evers et al. 2005). Also, adult male common loons often have greater concentrations of Hg than  
316 adult females, in part, because females depurate Hg into eggs (Scheuhammer et al. 1998), but  
317 also because foraging niches can differ between sexes on breeding grounds (Wiener and Spry  
318 1996; Evers et al. 2005). At Lake Erie, we recorded significantly greater hepatic concentrations  
319 of Hg in adult loons compared to juveniles, but neither sex nor sex × age differences. In our  
320 November sample, juvenile common loons had only approximately 3-4 months to acquire Hg  
321 (Evers et al. 2010), which likely resulted in the age-related differences in hepatic concentrations  
322 of this element (Barr 1986). Although females can transfer Hg to eggs (Scheuhammer et al.  
323 1998), adult females also may reacquire Hg during and after brood rearing (Furness and  
324 Greenwood 1993), which could have resulted in similar hepatic concentrations in Hg between  
325 sexes and lack of a sex × age effect in our sample of autumn-migrating loons. We did not find

326 an effect of age on Cd, but females had greater Cd concentrations than males. We are uncertain  
327 why we detected a sex-related difference in concentrations of Cd but plausible hypotheses  
328 include differences in foraging behavior between sexes, substantially older adult females than  
329 adult males in our sample, and differences in Cd exposure during breeding season and migration.

330 We also detected greater hepatic concentrations of Se in females than males and in  
331 juveniles compared to adults. Greater Se in females and juveniles is difficult to explain but  
332 could result from difference in prey items during autumn-migration similar to foraging niche  
333 partitioning between breeding males and females on breeding areas (Wiener and Spry 1996).  
334 Increased Se in juveniles may result from an imbalance in Se:Hg intake ratios. When Se is used  
335 in demethylation of MeHg the resulting Se-Hg protein complex is thought to be depurated or  
336 redistributed to other organs and muscle tissue (Civin-Aralar and Furness 1991). Thus,  
337 juveniles with relatively low Hg burdens that encounter a relatively Se rich environment, such as  
338 the Great Lakes, may retain more Se in livers relative to adults.

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340 Effects of inorganic contaminants on nutrient reserves

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342 Declines in nutrient reserves in waterbirds may result from elevated concentrations of  
343 inorganic contaminants (Hoffman et al. 1998; Scheuhammer et al. 1998; Anteau et al.  
344 2007). However, interactions among inorganic contaminants can exacerbate or  
345 alleviate negative effects on physiological mechanisms and nutrient reserves (Hill 1974;

346 Heinz and Hoffman 1998; Hoffman et al. 1998; Hoffman and Heinz 1998). We did not  
347 detect an influence of inorganic contaminants on protein nor mineral, but lipid levels,  
348 which are necessary to fuel migration, were negatively influenced by hepatic Hg  
349 concentrations in our sample of autumn migrating loons from Lake Erie. However, we  
350 also detected a positive influence of Se on lipid reserves. Because Se is known to  
351 demethylate toxic MeHg it is plausible that loons migrating through the Great Lakes are  
352 able to depurate MeHg, especially once the demethylation threshold (i.e., total Hg  $\geq 8.5$   
353  $\mu\text{g g}^{-1}$  dw; Eagles-Smith et al. 2009) is reached. The contrasting influences of Hg and Se on  
354 lipid reserves and correlation of Hg and Se when Hg  $\geq 8.5 \mu\text{g g}^{-1}$  dw (*sensu* Eagles-Smith  
355 et al. 2009) are consistent with Se availability at Lake Erie providing protection from  
356 negative effects of Hg. Further, such beneficial Se-Hg interaction may not be afforded  
357 to loons migrating through areas with less Se availability, but study of loon nutrient  
358 reserves and contaminant concentration in areas with varying degrees of Hg and Se  
359 availability is needed to address this question.

360

361 **Conclusion**

362 Of the fourteen elements analyzed in livers of common loons only Hg and Se were found at  
363 concentrations that would be considered elevated when compared to levels known to cause  
364 health and reproductive problems in birds. However, our data are consistent with protective  
365 effects of Se on Hg related lipid declines in common loons migrating through the Great Lakes  
366 during autumn (i.e., Se-Hg antagonism). Future studies of loon nutrient reserves and  
367 reproduction should continue to consider the synergetic effect of Hg and Se whereby alone they  
368 can negatively influence reproduction but combined they can magnify reproductive problems  
369 (Heinz and Hoffman 1998; Bischoff et al. 2002). Further, detailed analysis of Hg-Se complexes  
370 may yield greater understanding of interaction by these elements in loons. Adult loons may be  
371 protected from Hg acquired on breeding grounds and elsewhere by migrating through the  
372 relatively Se rich Great Lakes, but such migration patterns may negatively impact reproduction.  
373 Considering that common loons migrate through the Great Lakes in spring, nearly simultaneous  
374 acquisition of Hg and Se is possible and Se may play a role in lack of reproduction in some  
375 populations of these birds (Farren 2004; Falnoga and Tusek-Znidaric 2007; Yang et al. 2008).  
376 Modeling inorganic contaminant acquisition, interactions among elements, and depuration by  
377 common loons throughout the annual cycle would enable identification of populations most at  
378 risk for health and reproductive effects associated with synergetic effects of Hg and Se  
379 accumulation.

380

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388 entitled, "Contaminant burdens, nutrient reserve dynamics and artifact ingestion in fall-migrating  
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618 Table 1. Geometric mean concentrations ( $\mu\text{g g}^{-1}$  dry mass), 90% CIs, and ranges of elements<sup>a</sup> in  
 619 liver tissues of common loons salvaged at Long Point, Lake Erie, 3 and 9 November 2005.  
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Element	Method Detection Limit	Female		Male	
		Adult ( <i>n</i> = 18)	Juvenile ( <i>n</i> = 11)	Adult ( <i>n</i> = 18)	Juvenile ( <i>n</i> = 6)
Al	1 $\mu\text{g g}^{-1}$	6.38 (4.53-8.23) (2.25-18.6)	6.39 (4.29-8.50) (2.12-11.8)	10.40 (5.78-15.0) (2.36-47.2)	4.11 (2.41-5.80) (1.61-6.38)

As <sup>b</sup>	1 µg g <sup>-1</sup>	-- -- (16nd-0.29)	-- -- (10nd-0.24)	-- -- (15nd-0.30)	-- -- (6nd)
Ca	50 µg g <sup>-1</sup>	310 (270-351) (198-665)	333 (251-415) (205-700)	294 (268-319) (228-442)	312 (197-426) (215-590)
Cd <sup>c</sup>	0.1 µg g <sup>-1</sup>	3.11 (0.30-5.92) (0.48-30.3)	1.36 (0.98-1.74) (0.59-2.82)	1.07 (0.88 -1.26) (0.44-1.97)	0.94 (0.31-1.56) (0.40-2.24)
Cr	1 µg g <sup>-1</sup>	2.92 (2.34-3.50) (1.16-5.72)	2.86 (1.88-3.85) (1.53-6.60)	3.16 (2.35-3.96) (1.31-8.46)	3.37 (1.94-4.80) (1.49-6.26)
Cu	1 µg g <sup>-1</sup>	12.59 (9.80-15.4) (8.35-39.3)	13.48 (12.43-14.5) (16.19-9.47)	12.61 (11.8-13.5) (9.37-17.0)	43.02 (2.32-83.7) (11.7-136)
Fe	20 µg g <sup>-1</sup>	943 (887-999) (693-1138)	951 (887-1016) (782-1149)	985 (933-1037) (679-1191)	967 (931-1002) (899-1033)
Hg <sup>d</sup>	0.5 ng g <sup>-1</sup>	12.7 (5.85-19.5) (1.30-68.6)	4.58 (3.44-5.72) (1.12-8.72)	16.60 (8.76-24.4) (0.92-51.9)	2.92 (0.97-4.87) (1.25-7.59)
Mg	4 µg g <sup>-1</sup>	555 (516-595) (424-728)	597 (544-651) (438-726)	555 (523-586) (460-710)	566 (482-649) (463-737)
Mn	1 µg g <sup>-1</sup>	10.83 (10.0-11.6) (6.91-14.4)	11.44 (10.25-12.6) (9.00-16.3)	11.19 (10.3-12.1) (7.89-14.5)	10.96 (9.44-12.5) (8.39-13.4)
Ni	1 µg g <sup>-1</sup>	1.26 (0.97-1.56) (0.49-2.72)	1.29 (0.86-1.72) (0.55-3.10)	1.42 (1.02-1.81) (0.42-3.87)	1.56 (0.73-2.39) (0.70-3.35)
Pb	1 µg g <sup>-1</sup>	0.45 (0.28-0.63) (7nd-1.42)	0.49 (0.31-0.67) (2nd-1.14)	0.49 (0.34-0.64) (7nd-1.12)	0.37 (0.19-0.55) (1nd-0.72)

Table 1 cont.

Element	Method Detection Limit	Female		Male	
		Adult ( <i>n</i> = 18)	Juvenile ( <i>n</i> = 11)	Adult ( <i>n</i> = 18)	Juvenile ( <i>n</i> = 6)
V <sup>b</sup>	1 µg g <sup>-1</sup>	-- -- (16nd-0.27)	-- -- (9nd-0.27)	-- -- (15nd-0.59)	-- -- (6nd)

Se <sup>c, d</sup>	0.1 µg g <sup>-1</sup>	21.73	26.78	16.82	19.59
		(19.0-24.5)	(22.4-31.2)	(13.7-20.0)	(12.5-26.7)
		(11.0-38.9)	(16.3-39.7)	(8.22-36.2)	(11.6-32.3)
Zn	1 µg g <sup>-1</sup>	43.33	43.61	46.81	45.45
		(41.0-45.7)	(40.2-47.1)	(44.3-49.3)	(41.5-49.4)
		(31.7-51.0)	(36.6-58.4)	(36.4-60.8)	(38.0-50.0)

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*CI* confidence interval

a - number before nd indicates number of non-detection values

b - we do not report means or 95% CI for elements with > 50% analyte values greater than detection limits

c - denotes sex (male, female) differences at  $p < 0.10$

d – denotes age (adult, juvenile) differences at  $p < 0.10$

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Table 2. Parameter estimates, standard errors (SE), significance levels (p-value), and 90% confidence intervals (CI) from the model assessing sources of variation in log lipids (g) in common loons salvaged at Long Point, Lake Erie, 3 and 9 November 2005.

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Parameter	Estimate	SE	p-value	90% CI
Intercept	6.13	0.247	<0.001	5.711 to 6.539
Sex (F)	-0.164	0.070	0.022	-0.281 to -0.047
Hg <sub>log</sub>	-0.117	0.030	<0.001	-0.167 to -0.067
Se <sub>log</sub>	0.274	0.087	0.003	0.127 to 0.420

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## Figure Captions

Figure 1. Type III partial relationships between log lipid residuals (g) and (a) log hepatic mercury and (b) selenium concentrations ( $\mu\text{g g}^{-1}$  dry mass) for common loons salvaged at Long Point, Lake Erie, 3 and 9 November 2005.

Figure 1.

